



**Concord FC**  
**Return To Play Protocol**

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## **INTRODUCTION**

The health and safety of our players, coaches and their families take priority in the Northern Chautauqua Soccer Association's decisions. While orders from Governor Cuomo to reduce the spread of Coronavirus remain in place, NCSA has created a detailed list of precautions and processes to be implemented once activities can resume.

NCSA has developed the following Return to Safe Play Protocols to implement in conjunction with health professionals, infectious disease specialists, and information from the CDC. The protocols do not have a specific duration, the club will adhere to the recommendations of public health officials and adjust when needed.

If you have any questions or concerns, please do not hesitate to reach out to our Travel Director Chris Witkowski, Technical Director PJ Gondek, Director of Coaching Phill Cook, or President Jake Wilkins, via email.

It is important that our Return to Play Protocol is well planned and executed. This takes all of us working together; players, families, coaches, and volunteers, to ensure a successful return to all soccer activities. If we all do our part following these new protocols and supporting each other, we can all enjoy the sport we love again.

## **CLUB**

- Be understanding of a family's choice as to when it is appropriate for their player to return to the field.
- Post and distribute the Return to Play Protocol to players, families, coaches, and volunteers as soon as possible.
  - Post signs throughout our venues reminding all players, coaches, parents, spectators, and volunteers of their need to wear appropriate face coverings, social distancing, and other expectations while attending NCSA events.
- Ensure proper waste receptacles at all fields.
- Provide restroom facilities following regulatory guidelines.
- Provide adequate field space(grid) and time for social distancing.
- Stagger all activities when possible to lessen the number of players entering and exiting fields.
- Provide coaches with a list of players authorized, by their parents, through waiver submission prior to all activities.
- Provide hand sanitizer for each team.

## **COACH**

- It is your responsibility to understand, implement, and monitor all Return to Play Protocols, while ensuring protocols are being followed by your players and their families.
- Take your temperature, log results and share any symptoms you may be having with administration, before arriving at any soccer activity.
- Wash hands thoroughly before and after all activities. Use sanitizer when hand washing is unavailable.
- Wear appropriate face covering to and from your training sessions, and at all times during training when you cannot maintain social distancing.
- Training sessions start, and end times must be communicated in advance to maintain organized entering and exiting of fields.
- Keep attendance log.
- Designate an area for players personal equipment (such as backpacks, water bottles, clothing etc.) while players are training.
- Refrain from making contact with other players, coaches, and parents/caregivers during all activities.
- You are the only person to handle balls, cones, discs, etc. Sanitize all your equipment before each training/game activity. (Face coverings must be appropriately cleaned, stored, and/or discarded if compromised)
- Sanitize restroom after training session and/or game
- Notify the club's Director of Coaching Phill Cook, Technical Director PJ Gondek, Travel Chris Witkowski, or President Jake Wilkins immediately if you become ill or develop symptoms for any reason.
- You can wear a face covering when you think it is necessary even if it is not required.



## **PARENTS**

- When you are ready for your son or daughter to return to soccer activities, you must sign the Return to Play Protocol and liability waiver. All families will receive these documents via email.
- Coaches will have a list of those players authorized (waiver completed) to participate in all activities prior to the start of the session. Players not on the list will not be able to participate and will need to complete the waiver.
- Follow all pre/post activity protocols.
  - Complete survey monkey questionnaire no later than one hour prior to every session/game. Failure to complete the questionnaire would result in not being permitted at the facility.
- Notify the coach immediately if yourself, your child or any other household member becomes ill or develops symptoms for any reason.
- Supply your player with individual hand sanitizer.
- Review your child's player responsibilities with them so they are prepared for these new changes.
- All parents, family members, and spectators are to be prepared to remain in their vehicle if staying for the duration of all activities. If you must exit the vehicle to use the restroom you must wear appropriate face covering and social distancing is required.

## **PLAYERS**

- Wash hands thoroughly before and after each training session. Use hand sanitizer when hand washing is not available.
- Bring hand sanitizer to all activities and use periodically throughout.
- Wear an appropriate face covering to and from all soccer activities.
- Follow all pre/post activity protocols.
  - Have your temperature taken and share any symptoms you may be having with your parents or caregivers, before arriving at any soccer activity. If you have any symptoms you will not be permitted at the facility until medically cleared.
  - Complete survey monkey questionnaire no later than one hour prior to every session/game. Failure to complete the questionnaire would result in not being permitted at the facility.
- Follow social distancing requirements by remaining at least six (6) feet apart at all times from other players and coaches when entering and exiting, during your session, when you use the restroom, during water breaks, etc.
- High-fives, handshakes, knuckles, and group celebrations that are not social distance compliant are not permitted at this time. (Creative socially distant group celebrations are encouraged)
- Place your backpack/equipment six feet apart on the field in the location designated by your coach.
- Bring your own bottle of water and do not share with others.
- Ask permission to use the restroom, then follow social distancing requirements.
- Sanitize all your equipment, cleats, shin guards, ball, bag, goalkeeper gloves, etc. before each training/game activity. (Face coverings must be appropriately cleaned, stored, and/or discarded if compromised)
- Wear training clothing that is freshly washed to your session.
- Notify your coach immediately if you become ill or develop symptoms during training. You will be required to leave the facility and will not be permitted to return until medically cleared.
- You can wear an appropriate face covering when you think it is necessary even if it is not required.

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